This resource guide was put together by Arizona Coalition to End Sexual Violence's Rainbow Collective, a collaborative committee of service providers and community members to make services more inclusive for the Arizona LGBTQ+ community.
LGBTQ+ Organizations

ARIZONA

And Then Initiative

Service: Community-based nonprofit organization whose goal is to support and promote activities directed at furthering the wellbeing, positive image, and human rights of the LGBTQ community.
Scope: Mohave County
Email: andtheniaz@gmail.com
Website: https://www.andtheninitiative.org/

Equality Arizona

Service: Nonprofit organization that works at every level of government, from the municipal to the federal, to ensure and safeguard the rights of LGBTQ+ communities in Arizona.
Scope: Statewide
Number: (480) 401-2372
Website: https://equalityarizona.org/

GLSEN Arizona

Service: GLSEN is a national organization that has chapters all over the country. They work to ensure that LGBTQ students are able to learn and grow in a school environment free from bullying and harassment. Opportunities for educators, students, and others to get involved.
Scope: Statewide
Email: info@glsenarizona.org
Website: https://www.glsenarizona.org/
LGBTQ Awareness Group of AZ

**Service:** Provides support to the LGBTQ community through hosting several different support groups as well as operating a pride center.

**Contact information:** *Den'na Davenport*, President  
Phone: 928.715.6985 Email: denna7109@gmail.com  
*Judy Little*, Secretary/Treasurer  
Phone: 928.715.6985 Email: judylittle68@gmail.com  
**Website:** [https://www.lgbtqawarenessofaz.com/](https://www.lgbtqawarenessofaz.com/)

One n ten

**Service:** Serves and assistes LGBTQ youth ages 14 to 24. From weekly discussion groups to fun, social networking events, we create a safe space, mentally and physically, for youth of all socio-economic and cultural backgrounds.

**Scope:** Statewide- several physical locations all over Arizona.

**Number:** 602-400-2601 Ext. 2  
**Website:** [https://onenten.org/](https://onenten.org/)

Phoenix Pride

**Service:** Promotes unity, visibility, and self-esteem among LGBTQ persons and promotes a positive image throughout Arizona through community activities and services. Hosts Phoenix Pride and the Rainbows Festival.

**Scope:** Phoenix  
**Number:** 602-27-PRIDE (602-277-7433)  
**Website:** [https://phoenixpride.org/](https://phoenixpride.org/)
LGBTQ+ Organizations Cont.

Queer Resource Collective

Service: Increasing the health and wellness of LGBTQ Arizonans by eliminating health disparities and injustice.
Scope: Statewide- several physical locations all over Arizona.
Website: https://www.queerresourcecollective.org/

Southern Arizona Senior Pride

Service: Focused on celebrating, supporting and unite LGBTQI+ older adults and hosts a variety of talks, workshops, social events and support groups.
Scope: Southern Arizona
Number: (520) 312-8923
Website: https://soazseniorpride.org/

Trans Queer Pueblo

Service: Autonomous LGBTQ+ migrant community of color who works wherever we find our people, creating cycles of mutual support that cultivate leadership. Provides programming and support for LGBTQ+ migrants. Primarily in Spanish with English offered as well.
Scope: Statewide- Primarily in Phoenix
Number: (480) 849-3797
Website: https://www.tqpueblo.org/
PFLAG Chapters

Service: National organization that has local chapters around the country. Primarily hosts monthly meetings. Challenge any concept of traditional family values that excludes our LGBTQ loved ones, and aim to promote the understanding of LGBTQ people as healthy, normal, responsible, productive, loving, and caring human beings.

PFLAG Sedona/Verde Valley

Number: (928) 351-1076
Email: pflagsedona@gmail.com
Website: https://pflagsedona.org/
Facebook: https://www.facebook.com/pflagsedona/

PFLAG Sierra Vista

Email: info@pflagsierravista.org
Website: https://www.pflagsierravista.org/
Facebook: https://www.facebook.com/PFLAGSierraVista/

PFLAG Yuma

Number: (928) 580-2260
Email: pflagyuma4u@gmail.com
Website: https://pflag.org/chapter/pflag-yuma
Facebook: https://www.facebook.com/pflagyumaAZ
LGBTQ+ Organizations

NATIONAL
There are a lot of national LGBTQ+ organizations and resources, rather than listing them out individually here are a few organizations that have already created easy-to-navigate tools to find these resources.

Bisexual Resource Center
**Service:** The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources, support, and celebration.
**Website:** [https://biresource.org/](https://biresource.org/)

GLAAD- Resource List
**Service:** An LGBTQ+ organization that has over 30 years of work in media and entertainment pushing for LGBTQ acceptance and representation.
**Website:** [https://www.glaad.org/resourcelist](https://www.glaad.org/resourcelist)

Queer Resources Directory
**Service:** The Queer Resources Directory contains 25488 files about everything queer.
**Website:** [http://www.qrd.org/qrd/](http://www.qrd.org/qrd/)

Two-Spirit Resource Directory
**Service:** A list of organizations, webinars, and presentations that are specific to the Two-Spirit Community.
Clothing and Hygiene

I Have a Dream Boutique

Service: Free boutique with a variety of gender-affirming clothing products and accessories. Recommended to bring a bag to hold your items.

Scope: Open to those in the transgender and gender-expansive community. No age or income requirements.

Details: Collaborative effort between Southwest Center for HIV/AIDS, Phoenix PRIDE, First Church UCC, Trans Spectrum of Arizona, Imperial Court of Arizona and

Hours: Every Wednesday from 5:30 pm-7:00 pm

Location: 1407 N 2nd St., Phoenix, AZ 85004

one n ten- Clothing Closet & Showers

Service: Free clothing closet, showers, hygiene products, and safe sex supplies.

Scope: Open to LGBTQ+ youth and young adults ages 14-24.

Hours: Open Monday- Friday from 3:00 pm-7:00 pm, (programs often run between 5:00 pm-6:30 pm so it is recommended to arrive before 5 pm or after 6:30 pm).

Location: one n ten Downtown Phoenix Youth Center.
Items can also be coordinated to be picked up at open of the several satellite locations across Arizona with a one n ten satellite coordinator, for satellite location details see the website: https://onten.com/satellite-locations/
Clothing and Hygiene

Point of Pride- Free Femme Shapewear

**Age:** All ages, those 13 and under need parental permission.
**Location:** Ships internationally to 90+ countries, including The United States.
**Other Eligibility Requirements:** Must identify as transgender (any non-cis identity within the trans umbrella) and cannot afford to purchase femme shapewear or cannot safely obtain femme shapewear.
**Binder Details:** Brand is Origami Customs, in hipster or thong style in black, sizes, XXS-5XL
**Website:** https://www.pointofpride.org/free-femme-shapewear

University of Arizona Queer Closet

**Service:** Clothing, hygiene, and make-up donations.
**Scope:** Anyone, open to the public, even non-students.
**Location:** U of A campus, the 4th floor of the Student Union Building next to the Women & Gender Resource Center.
**Hours:** Drop-in hours are 10 am-4 pm.
**Website:** https://lgbtq.arizona.edu/queer-closet
**Contact:** ualgbtq@gmail.com
Clothing and Hygiene

NATIONAL BINDER PROGRAMS
Note: Binder programs often have long waitlists so the sooner you apply the better. Also, be sure to follow binder measurement guides when requesting a binder, they are not sized like typical clothing and an ill-fitting binder can cause harm to your body.

American Trans Resource Hub- Free Binder Program

Age: 13 years or older.
Location: The United States or its' territories.
Other Eligibility Requirements: Do not identify as cisgender, do not have the means to purchase a binder. Prioritizes underrepresented communities, such as people of color, those from rural communities to veterans.
Binder Details: Brand is gc2b, binder sizes XS-5XL
Website: https://www.atrh.org/binder-program

DC Area Transmasculine Society- Binder Exchange

Age: All ages, those 13 and under need parental permission.
Location: The United States.
Other Eligibility Requirements: Must be assigned female at birth, experience gender dysphoria related to your chest, do not have the financial means to buy a binder, and have no more than 1 already.
Binder Details: Brand is gc2b, binder sizes XS-5XL, some new, some worn but none will be stained or damaged.
Website: https://www.dcats.org/binderexchange
Clothing and Hygiene

**FtM Essentials- Free Youth Binder Program**

**Age:** 24 years or younger.

**Location:** The United States.

**Other Eligibility Requirements:** For those who are unable to purchase a binder on their own due to financial circumstances.

**Binder Details:** Underworks Tri-Top Binders in White or Black binder sizes XS-3XL

**Website:** https://www.ftmessentials.com/pages/ftme-free-youth-binder-program

**Point of Pride- Free Chest Binders**

**Age:** All ages, those 13 and under need parental permission.

**Location:** Ships internationally to 90+ countries, including The United States.

**Other Eligibility Requirements:** Must identify as transgender (any non-cis identity within the trans umbrella) and cannot afford to purchase a binder or cannot safely obtain a binder.

**Binder Details:** 95% of the binders we mail out are brand-new, white, full-length gc2b binders, binder size XS-5XL

**Website:** https://www.pointofpride.org/free-chest-binders
Employment

one n ten- POND Workforce Navigation Program
Details: LGBTQ+ 16-24-year-olds can receive support building skills and confidence to navigate employment as well as access to job fairs via a cohort-based program.
Website: https://onenten.org/housing-program/

One Community
An Arizona-based organization that functions to advance workplace equality for LGBTQ individuals and their families.

One Community- Job Directory
Service: Arizona-specific job listings by employers who sign the UNITY pledge and wish to advertise on this directory.
Scope: Statewide
Directory website: https://directory.onecommunity.co/jobs/

One Community- AZ Navigator
Service: A collaborative effort with 10 other Arizona organizations to support for small business owners and entrepreneurs. Provides no-cost business support such as support for LGBTQ workers, employers, and entrepreneurs, and LGBTQ inclusivity training.
Scope: Statewide
Directory website: https://www.onecommunity.com/aznavigator
Financial Assistance

American Trans Resource Hub

Service: A scholarship-like program that provides direct financial assistance to trans folks who cannot afford their gender-affirming surgery.
Scope: National
Website: https://www.atrh.org/

Genderbands

Service: Currently provides grants to cover top surgery and HRT. Working to eventually be able to cover more surgeries and assist with name and gender marker changes.
Scope: National
Website: https://www.genderbands.org/grants

Jim Collins Foundation

Service: Provides financial assistance to transgender people for gender-affirming surgeries.
Scope: National
Website: https://jimcollinsfoundation.org/

Point of Pride

Service: A scholarship-like program that provides direct financial assistance to trans folks who cannot afford their gender-affirming surgery.
Scope: National
Website: https://www.pointofpride.org/
Healthcare Resources

Aunt Rita's Foundation

**Service:** Provides support to the HIV / AIDS community through, testing, referrals, education, and advocacy.

**Scope:** Statewide

**Number:** 602-882-8675

**Website:** https://www.auntritas.org/

Bayless Integrated Healthcare- LGBTQ+ Services

**Service:** Has LGBQ+ affirming providers that specialize in therapy, psychiatry, primary care, hormone therapy, and online support groups for LGBTQ+ patients.

**Location:** Virtual care and offices across Maricopa County.

**Website:** https://www.baylesshealthcare.com/services/lgbtq-services/

Southwest Center

**Service:** Provides healthcare services for LGBTQ+ individuals. HIV/STI testing, health clinic, PrEP/PEP, mental health, case management, empowerment programs, nutrition, gender-affirming programs and free condoms.

**Location:** 1101 N. Central Ave., Ste. 200 Phoenix, AZ 85004

**Number:** 602-307-5330

**Website:** https://www.swcenter.org/
Healthcare Resources

LGBTQ+ FRIENDLY PROVIDER LISTS/ PROVIDER SEARCH

Gay and Lesbian Medical Association- Provider Search
Service: Searchable list of healthcare providers who have registered as members of the GLMA. List may be under construction.
Website: https://www.glma.org/index.cfm?nodeid=1

Human Rights Campaign- Healthcare Facilities List
Service: Searchable provider list of healthcare providers who understand LGBTQ+ needs, and has mental health and counseling filter.
Website: https://www.outcarehealth.org/

LGBTQ Integrated Health Coalition of Southern Arizona
Service: The LGBTQ Integrated Health Coalition of Southern Arizona is made up of organizations and providers, and are committed to ending the health disparities faced by LGBTQ individuals in Southern Arizona. Has a list of behavioral health agencies that are their community partners.
Website: https://lgbtqintegratedcoalition.wordpress.com/community-partners/

OutCare- Provider Search
Service: Searchable provider list of healthcare providers who understand LGBTQ+ needs.
Website: https://www.outcarehealth.org/
The Trevor Project Crisis Hotline

**Service:** Crisis line for LGBTQ young people (13-24) to connect with a crisis counselor.

**Hours:** 24/7, 365 days a year

**Scope:** National

**Number to call:** 1-866-488-7386.

**Number to text:** text ‘START’ to 678-678.

**Website to chat:** thetrevorproject.org/get-help

Trans Lifeline

**Service:** Trans Lifeline provides trans peer support for our community that’s been divested from police since day one. Provides support in English and Spanish.

**Hours:** Has more operators available 8am-2pm pacific time but may have volunteers available at other times.

**Scope:** National

**Number to call:** 877-565-8860

**Website:** https://translifeline.org/

LGBT National Hotline

**Service:** Provides support, as well as factual information and local resources for LGBTQ people of all ages.

**Hours:** Monday thru Friday, from 1 pm - 9 pm, pacific time

**Scope:** National

**Number to call:** 888-843-4564

**Website to chat:** http://www.glbthotline.org/peer-chat.html

**Email to chat:** help@LGBThotline.org
Hotlines & Helplines Cont.

LGBT National Youth Talkline

**Service:** Free and Confidential peer support for the LGBTQ and questioning community ages 25 and younger.

**Hours:** Monday thru Friday, from 1 pm - 9 pm, pacific time

**Scope:** National

**Number to call:** 800-246-7743

**Website:** http://www.glbthotline.org/youth-talkline.html

LGBT National Senior Hotline

**Service:** Free and Confidential peer support for the LGBT and questioning community ages 50 and above.

**Hours:** Monday thru Friday, from 1 pm - 9 pm, pacific time

**Scope:** National

**Number to call:** 888-234-7243

**Website:** http://www.glbthotline.org/senior-hotline.html

Gay Men's Health Crisis Project Hotline

**Service:** The GMHC Hotline provides a safe space to discuss a wide range of concerns. GMHC staff provide emotional support with compassion and without judgment.

**Hours:** All calls will be returned within one business day.

**Scope:** National

**Number to call:** 1-800-243-7692

**Website:** http://www.glbthotline.org/senior-hotline.html
Housing

one n ten- POND Housing Program

Service: Provides housing solutions for LGBTQ+ and allied youth, ages 18-24, who are experiencing homelessness or housing instability. Is designed to assist participants with housing for up to 9-12 months
Scope: Statewide
Website: https://onenten.org/housing-program/

Southern AZ Aids Foundation- Bread and Roses Program

Service: Crisis Transitional Housing for Homeless LGBTQ+ Youth (18-24). By Southern Arizona Aids Foundation in partnership with Old Pueblo Community Services.
Scope: Pima County, Arizona.
Website: https://www.saaf.org/hiv-prevention-and-testing/bread-and-roses/

NAZCARE- Housing Projects

Service: A community based nonpropfit that provides housing options in rural Northern arizona
Scope: Pima County, Arizona.
Website: https://www.saaf.org/hiv-prevention-and-testing/bread-and-roses/
University Based Gender-Inclusive Housing

Arizona State University

Service: Gender-inclusive housing accommodations at ASU.
Scope: Arizona State University campuses
Website: https://housing.asu.edu/housing-communities/gender-inclusive-housing

Northern Arizona University

Service: Gender-inclusive housing accommodations at NAU.
Scope: Northern Arizona University campus
Website: https://nau.edu/reslife/mixed-gender-and-gender-inclusive-housing/

University of Arizona

Service: Gender-inclusive housing accommodations at UofA.
Scope: University of Arizona campus
Website: https://lgbtq.arizona.edu/campus-housing-options
Legal Services

**ARIZONA**

Lambda Legal

**Service:** Provides information and resources relating to discrimination based on sexual orientation, gender identity and gender expression, and HIV status.

**Scope:** Statewide

**Number:** 213-382-7600

**Website:** https://www.lambdalegal.org/states-regions/arizona

**Southern AZ Gender Alliance (SAGA)**

**Service:** Guidance for name and gender change in English and Spanish.

**Scope:** Statewide

**Number:** 520-477-7096

**Email:** namechange@sagatucson.org

**Website:** https://sagatucson.org/node/157

**NATIONAL**

ACLU- Report LGBTQ/HIV Discrimination

**Service:** Legal aid in response to discrimination based on sexual orientation, gender identity, or HIV status.

**Scope:** National

**Email:** helplgbtq@aclu.org

**Website:** https://action.aclu.org/legal-intake/report-lgbtqhiv-discrimination
Legal Services Cont.

**Immigration Equality**

**Service:** Legal assistance and information pertaining to immigration for LGBTQ and HIV-positive communities.  
**Scope:** National  
**For those in detention:** 917-654-9696  
**All others:** 212-714-2904  
**Website:** https://immigrationequality.org/legal/legal-help/

**Modern Military Association of America**

**Service:** Assist members of the LGBTQ military and veteran community with discharge upgrades, legal name changes, and a wide range of other legal issues.  
**Scope:** National  
**Number:** 202-328-3244  
**Email:** legal@modernmilitary.org  
**Website:** https://modernmilitary.org/portfolio-items/legal/
ARIZONA

Duet- LGBTQ+ Caregiver Support Group

**Service:** Support group specifically for members of the LGBTQ+ community who are caregivers

**Times:** 1st and 3rd Thursdays of each month, 2:00-3:30pm

**Location:** Community Church of Hope, 4121 North 7th Avenue, Phoenix, AZ 85013

**Number:** (602) 274-5022 - call before attending for first time

**Website:** [https://duetaz.org/calendar/](https://duetaz.org/calendar/)

Southern Arizona Gender Alliance- Support groups

**Service:** SAGA offers support, social, and discussion groups for various trans and gender nonconforming (TGNC) folks and their loved ones. Several different types of support groups for different identities: general, transfeminine, transmasculine, nonbinary, transgender/gender non-conforming BIPOC, families of LGBTQ+ individuals, and therapists who work with transgender/gender non-confirming clients.

**Location:** Due to COVID currently being held virtually via Zoom.

**Website:** [https://sagatucson.org/community](https://sagatucson.org/community)
Support Groups

ARIZONA

NAZGEM- Northern Arizona Gender Mentors Network

Service: Support group that serves transgender individuals in Yavapai, Mojave, Coconino, Apache, Navajo, and Gila counties.

Times: Every other Wednesday at 7:00 pm.

Location: Virtually via Zoom.

Email: nazgem@gycc.lgbt contact to join

Website: https://az-gycc.org/nazgem/#:~:text=NAZGEM%20is%20transgender%20support,operates%20out%20of%20Prescott%2C%20Arizona.

Trans Spectrum of Arizona

Service: Trans Spectrum of Arizona offers several different peer support meetings- meetings specific for trans feminine, individuals, transmasculine individuals, gender expansive individuals, SOFFA (significant others, family friends, and allies), and a gender blender group.

Times: All are 2nd and 4th Saturdays except the Gender Blender group which is Tuesday nights.

Website: https://tsaz.org/meetings/